

# WORD OF MOUTH

A dental newsletter

Spring 2013

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We hope that everyone has enjoyed this last winter thoroughly and are as excited about spring as we are.

We welcome you to our newly renovated office, and those of you who have visited us, thank you for the compliments. Its always nice to add freshness to the monotony of daily life and all of us are enjoying working here that much more.

This year, we are introducing "in-house" placement of dental implants and have been going through extensive training and continuing education for the same. Everything you need to know about dental implants is in this issue including an **introductory offer for our first five implant patients**, so please read on.



Do take the time to visit our website. We have useful information and videos about various dental procedures as well as post treatment care instructions.

We encourage you to provide us with an email address so we can send you more correspondence by email. This will include appointment confirmations, reminders and

statements.

As always we stress that our practice philosophy highlights prevention. Please feel free to ask for help with effective brushing and flossing techniques during your recare visits.

Wishing you a wonderful spring and summer.

*Amala & Anil Shetty*

**Free Oral-B electric toothbrush with a New Patient exam, digital x-rays and cleaning.**

**Please refer your friends and family while the offer is valid till May 15, 2013.**

**If it has been over three years since you had yours, you may qualify for the above.**

**Call the office for details.**

## **New Whitening offer for 2013**

**In office whitening plus at home whitening touch up only \$289**

**Includes a 45min in office application of whitening agent plus custom fitted trays with whitening kit for use at home, for continued and lasting results.**



# Don't let life pass you by because of missing teeth... Say "YES" to dental implants

## Benefits Of Dental Implants

Implant dentistry is the most advanced and clinically successful therapy available to replace a missing tooth or teeth.

### Improved Quality Of Life

- The ability to enjoy a wide variety of foods
- No need for messy dental adhesives
- Implants are cared for just like natural teeth

### Better Health

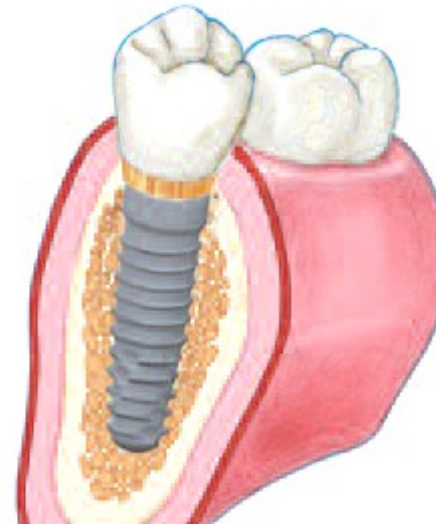
- Improve chewing and therefore, aid in digestion

### Preserve Natural Facial Contours

- May help to prevent bone resorption, therefore preserving natural facial contours.

### Greater Self-Confidence

- May limit uncomfortable moments with partials or complete dentures
- Most like natural teeth



Replacing your missing teeth with a fixed bridge treatment option versus dental implant solutions will require permanent changes to adjacent natural teeth.

To create a fixed bridge to replace a single missing tooth, we must grind down adjacent healthy teeth to support a fixed bridge. This may compromise the life expectancy of the supporting teeth due to the permanent changes to the tooth structure.

Additionally, there are other risk factors such as bacterial access to the supporting teeth, which can lead to dental decay and gum disease, as well as possible oral bone and tissue loss.

Unlike a fixed bridge, replacing a single missing tooth with dental implants limits the compromise to the surrounding natural teeth.



## Dental Implants Support More Than Just a Single Tooth



*Implant retained dentures* are secured in place onto two or more dental implants by attachments that connect to the implant. The attachments allow you to have control over when your teeth are removed for easy daily care.



*Implant bar supported dentures* are secured to a custom support bar with clip attachments placed in your replacement teeth. The attachments allow you to have control over when your teeth are removed for easy daily care.



*Implant supported fixed dentures* are replacement teeth secured in place by screws on top of the foundation provided by dental implants. This option is fixed and only your dentist has control over when your replacement teeth can be removed.

## FAQs about dental implants

### What are dental implants?

Dental implants are substitutes for the roots of missing teeth. They act as an anchor for a replacement tooth or crown or a set of replacement teeth. A Dental Implant is a highly specialized cylinder of titanium that is placed in the jaw bone under the gum. Being extremely biocompatible with the body, it has bone forming around it to fuse the implant to the bone. Once the implant is successfully placed, it is used to support a crown, bridge or a complete or partial denture.

### Am I a candidate for implants?

Implant patients are of all ages and implants may be the right choice for anyone missing one or more teeth due to injury, disease or decay. They are especially practical for patients who can no longer wear removable dentures. We can determine if you are a candidate for dental implants after a careful evaluation of your dental and medical history.

### Do I have enough bone?

It is important for a patient to have enough bone to support the implant. If you do not have enough bone, there are many safe and effective ways to correct bone deficiency. We will assess this and advise you if additional bone material is needed.

### How long does treatment take?

Treatment time can vary depending on your needs. Each situation needs a separate evaluation; upon evaluation we will be able to give you an approximate timetable. The usual time period would be 3-6 months.

**What are the costs involved?**

Our **introductory rate** for a single tooth replacement (inclusive of implant placement surgery and crown) is \$2000. Additional costs may be involved if bone grafting is required.

In comparison to a 3 unit bridge which would involve crowning 2 adjacent teeth to replace one missing tooth (cost \$3000), this a way better option considering the benefits of implants listed on the previous page.

**Will my insurance provider cover any of the above costs?**

Every insurance plan is different; however, in our experience, the cost of implant surgery, placement and bone grafting will most likely not be covered. What may be covered either fully or partly will most likely be the crown or denture.

**What are the advantages of implants?**

They do not get cavities!!!! The implant behaves as your natural tooth does and improves your chewing efficiency. Does not need adjacent teeth to be trimmed as you would need to in a bridge to replace a missing tooth in between existing teeth.

**What are the disadvantages of implants?**

They can get gum disease and need the same care that your natural teeth do with regular checkup and cleaning. The implant is placed surgically, so there are some of the risks of surgery such as bleeding, infection, bruising, numbness, etc.

**Invest in yourself and get your confidence back!**



**DENTAL DO'S**

**Brush twice a day, first thing in the morning and last thing in the night.**

**Include flossing, it is so worth the time and effort.**

**Avoid snacking on refined carbohydrates. Chips, candy, white bread and other processed foods and drinks are highly cariogenic and can cause cavities.**

**Eat a diet rich in vitamins and fiber, its not only good for your gums and teeth, but also overall for your body.**

**Be diligent about your dental check up and cleaning appointments.**

**Make your health the #1 priority !!!**

*We appreciate your business and thank you for your continued referrals. As always we are committed to providing the highest quality of dental care to you and yours. Please do not hesitate to share your concerns, if any, with us.*